

SUICIDE RISK ASSESSMENT ACRONYMS FOR IN SESSION INQUIRY

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ASSESSMENT ACRONYM	SOURCE	ELEMENTS
IS PATH WARM	(AAS, 2006)	Ideation; Substances; Purpose; Anxiety; Trapped; Hopelessness; Withdrawal; Anger; Reckless; and Mood
SIMPLE STEPS*	(McGothlin, 2008)	S – are you Suicidal?, I – Ideation, M – Means, P – Perturbation, L – Loss, E – Earlier attempts, S – Substance abuse, T – Trouble-shooting the client’s problem-solving ability, E – Emotion (hopeless, hapless, worthless, loneliness, depression), P – Parents or family history, exposure, S – Stress and life events,
SAD PERSONS	(Patterson, Dohn, & Bird, 1983)	<u>Sex</u> : Male, <u>Age</u> : older person, <u>Depression</u> , <u>Previous</u> attempt(s), <u>Ethanol</u> abuse, <u>Rational</u> thinking loss, <u>Social</u> supports lacking, <u>Organizes</u> plan, <u>No</u> spouse, <u>Sickness</u>
SUICIDAL	(Streed, 2011)	Lists 45 items for one assessment and another for subject precipitated homicide. See Table below or http://www.investigativesciencesjournal.org/article/view/8273
MAN THIS ISN'T FAIR	(Sankaranarayanan, 2007)	<u>Mental</u> issues: depression, anxiety, agitation, guilt, shame, delusions, <u>Atttempts</u> at self-destruction, <u>No</u> positive support from family, peers, <u>Triggering</u> stressors, <u>Hopelessness</u> , <u>Ideas</u> and <u>Intent</u> , <u>Substance</u> abuse, <u>Illness</u> , chronic pain, <u>Suicide</u> in family history, <u>Suicide</u> <u>note</u> , <u>Final</u> arrangements, saying goodbye, giving away possessions, <u>Access</u> to means, <u>Isolation</u> , <u>Recent</u> psychiatric hospitalization
NO HOPE	(Shea, 2002)	N o meaning; O vert change in clinical presentation; H ostile environment; O ut
PLAID PALS	(Johnson, 2015)	P lan, L ethality, A vailability, I llness, D epression, P revious attempts, A lone, L oss, S ubstance abuse
PLAID	(Granello & Granello, 2007)	P rior attempts; L ethality; A ccess to means; I ntent; D rugs/alcohol.
MAP	(Granello & Granello, 2007)	M ental state (thinking); A ffective state (emotions); P sychological state (circumstances)

SLAP	(Granello & Granello, 2007)	Specificity; Lethality; Availability; Proximity of help
PIMP	(Granello & Granello, 2007)	Plan; Intent; Means; Prior attempts
DEAD PIMP	(Whitehead, 2012)	Disorder, Environmental Stressors, Access to Firearms, Disinhibition, Previous attempts, Ideation, Male, Plan
MIPIMP	(Suicide assessment acronym MIPIMP, n.d.)	Mood, Ideation, Plan, Intent/Impulsivity, Means, Prior Attempts
PIMP DADS	(PIMP DADS, n.d., comments).	Plan, Intent, Means, Prior attempts, Drugs/alcohol, Age, Diagnosed mental illness, Support

Source: Harrington, J. A., & Daughetee, C. (2018). Crisis prevention and intervention. In B. T. Erford *Orientation to the Counseling Profession: Advocacy, Ethics, and Essential Foundations* (3rd Ed.). New York: Pearson.

"SUICIDAL" ACRONYM FOR SUICIDES AND SUBJECT PRECIPITATED HOMICIDE (formerly referred to as "Suicide by cop") (Streed, 2011)		
S	<ul style="list-style-type: none"> Significant Others (loss or absence of) Support Systems (lacking or inexplicable drop out from) Suicide Preoccupation (Gestures, threats, attempts) Sub-intentioned suicide Self-inflicted non-fatal injuries Surprise expressed by family or friends Separating from life Shame-avoidance Succorance 	Subject precipitated homicide (suicide-by-cop): <ul style="list-style-type: none"> Stigma Avoidance Strategic planning Self-causation of deadly force Sensational death Symbolic intention
U	<ul style="list-style-type: none"> "Unsuccessful" previous attempts 	Subject precipitated homicide (suicide-by-cop): <ul style="list-style-type: none"> Understands consequences of threats to kill officer
I	<ul style="list-style-type: none"> Inquiring about death and/or afterlife Identification with others who have died from suicide Impulsivity Inviolacy Introspection Isolation for attempt 	Subject precipitated homicide (suicide-by-cop): <ul style="list-style-type: none"> Intent to die Isolated Tactical position
C	<ul style="list-style-type: none"> Chronic illness Chronic injury Chronic family instability Communicated intent Cognitive issues 	Subject precipitated homicide (suicide-by-cop): <ul style="list-style-type: none"> Control of impulses numbed, restricted Confrontational interactions
D	<ul style="list-style-type: none"> Demographics Depression Dichotomous thinking Domination of others Dependence Disorientation Drug Abuse Delusional experiences 	Subject precipitated homicide (suicide-by-cop): <ul style="list-style-type: none"> Death fantasy Display of actual or simulated weapon Defiance Deadline for the act
A	<ul style="list-style-type: none"> Age Abuse: emotional, physical, sexual Abasement Anger Alliances not/poorly formed Anomic preoccupation Autonomy Anniversary of significant event Alcohol abuse Altruistic integration into a group/cause 	Subject precipitated homicide (suicide-by-cop): <ul style="list-style-type: none"> Aggressive lifestyle Arrest(s), engagement with authorities Assault on Societal or target's conscience Acceptance of this mode by family, friends Atypical altruism
L	<ul style="list-style-type: none"> Lifestyle in turmoil Love for life is ended Lack of purpose Legal issues Loss Loneliness 	Subject precipitated homicide (suicide-by-cop): <ul style="list-style-type: none"> Life-threatening actions provoking lethal force by another

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