

SUICIDE RISK ASSESSMENT ACRONYMS FOR IN-SESSION INQUIRY

Source: Harrington, J. A., & Daughhetee, C. (2017). Crisis intervention. In B. Erford *Orientation to the counseling profession: Advocacy, ethics and essential foundations* (3rd Ed.). Columbus, OH: Pearson.

ASSESSMENT ACRONYM	SOURCE	ELEMENTS
IS PATH WARM	(AAS, 2006)	Ideation; Substances; Purpose; Anxiety; Trapped; Hopelessness; Withdrawal; Anger; Reckless; and Mood
SIMPLE STEPS*	(McGothlin, 2008)	S – are you Suicidal?, I – Ideation, M – Means, P – Perturbation, L – Loss, E – Earlier attempts, S – Substance abuse, T – Trouble-shooting the client’s problem-solving ability, E – Emotion (hopeless, hapless, worthless, loneliness, depression), P – Parents or family history, exposure, S – Stress and life events,
SAD PERSONS	(Patterson, Dohn, & Bird, 1983)	<u>S</u> ex: Male, <u>A</u> ge: older person, <u>D</u> epression, <u>P</u> revious attempt(s), <u>E</u> thanol abuse, <u>R</u> ational thinking loss, <u>S</u> ocial supports lacking, <u>O</u> rganizes plan, <u>N</u> o spouse, <u>S</u> ickness
SUICIDAL	(Streed, 2011)	Lists 45 items for one assessment and another for subject precipitated homicide. See Table below or http://www.investigativesciencesjournal.org/article/view/8273
MAN THIS ISN’T FAIR	(Sankaranarayanan, 2007)	<u>M</u> ental issues: depression, anxiety, agitation, guilt, shame, delusions, <u>A</u> tttempts at self-destruction, <u>N</u> o positive support from family, peers, <u>T</u> riggering stressors, <u>H</u> opelessness, <u>I</u> deas and <u>I</u> ntent, <u>S</u> ubstance abuse, <u>I</u> llness, chronic pain, <u>S</u> uicide in family history, <u>S</u> uicide <u>n</u> ote, <u>F</u> inal arrangements, saying goodbye, giving away possessions, <u>A</u> ccess to means, <u>I</u> solation, <u>R</u> ecent psychiatric hospitalization
NO HOPE	(Shea, 2002)	N o meaning; O vert change in clinical presentation; H ostile environment; O ut
PLAID PALS	(Johnson, 2015)	P lan, L ethality, A vailability, I llness, D epression, P revious attempts, A lone, L oss, S ubstance abuse
PLAID	(Granello & Granello, 2007)	P rior attempts; L ethality; A ccess to means; I ntent; D rugs/alcohol.

MAP	(Granello & Granello, 2007)	Mental state (thinking); Affective state (emotions); Psychological state (circumstances)
SLAP	(Granello & Granello, 2007)	Specificity; Lethality; Availability; Proximity of help
PIMP	(Granello & Granello, 2007)	Plan; Intent; Means; Prior attempts
DEAD PIMP	(Whitehead, 2012)	Disorder, Environmental Stressors, Access to Firearms, Disinhibition, Previous attempts, Ideation, Male, Plan
MIPIMP	(Suicide assessment acronym MIPIMP, n.d.)	Mood, Ideation, Plan, Intent/Impulsivity, Means, Prior Attempts
PIMP DADS	(PIMP DADS, n.d., comments).	Plan, Intent, Means, Prior attempts, Drugs/alcohol, Age, Diagnosed mental illness, Support

"SUICIDAL" ACRONYM FOR SUICIDES AND SUBJECT PRECIPITATED HOMICIDE (Streed, 2011)		
S	- Significant Others (loss or absence of) - Support Systems (lacking or inexplicable drop out from) - Suicide Preoccupation (Gestures, threats, attempts) - Sub-intentioned suicide - Self-inflicted non-fatal injuries - Surprise expressed by family or friends - Separating from life - Shame-avoidance - Succorance	Subject precipitated homicide (suicide-by-cop): - Stigma Avoidance - Strategic planning - Self-causation of deadly force - Sensational death - Symbolic intention
U	"Unsuccessful" previous attempts	Subject precipitated homicide (suicide-by-cop): Understands consequences of threats to kill officer
I	- Inquiring about death and/or afterlife - Identification with others who have died from suicide - Impulsivity - Inviolacy - Introspection - Isolation for attempt	Subject precipitated homicide (suicide-by-cop): - Intent to die - Isolated Tactical position
C	- Chronic illness - Chronic injury - Chronic family instability - Communicated intent - Cognitive issues	Subject precipitated homicide (suicide-by-cop): - Control of impulses numbed, restricted - Confrontational interactions
D	- Demographics - Depression - Dichotomous thinking - Domination of others - Dependence - Disorientation - Drug Abuse - Delusional experiences	Subject precipitated homicide (suicide-by-cop): - Death fantasy - Display of actual or simulated weapon - Defiance - Deadline for the act
A	- Age - Abuse: emotional, physical, sexual - Abasement - Anger - Alliances not/poorly formed - Anomic preoccupation - Autonomy - Anniversary of significant event - Alcohol abuse - Altruistic integration into a group/cause	Subject precipitated homicide (suicide-by-cop): - Aggressive lifestyle - Arrest(s), engagement with authorities - Assault on Societal or target's conscience - Acceptance of this mode by family, friends - Atypical altruism
L	- Lifestyle in turmoil - Love for life is ended - Lack of purpose - Legal issues - Loss - Loneliness	Subject precipitated homicide (suicide-by-cop): Life-threatening actions provoking lethal force by another

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